

TO SEE ON THE WAY...



✓ scenery:



Mont-Brion,
Vallée d'Aulps,
Pic de la Corne,
Vallée d'Abondance,
Lake Damoz les Moulins...

✓ flora:



Two lakes formed here after two small circular glaciers melted (they had perched on the northern flank of the mountain). Gradually, the higher of the two became filled in, becoming a peat bog which attracts protected wildlife.

Peat bogs are a rich natural resource but incredibly fragile!

✓ fauna:

You may come across majestic chamois deer or hear furry marmots whistling while you walk!



A little history...

Walkers sometimes arrive tired and out of puff at "Crève-Coeur" pass (literally: "heart-breaker") and this is where it gets its name!

Damoz les Moulins: this means "above the mills" because in the old days, mills worked along the River Fours, which intersects the route frequently.

USEFUL INFORMATION

This route follows a suggested itinerary which participants undertake at their own risk.

Before you go:

☀️ Check the weather forecast because storms happen frequently in the mountains.
Tel. Chamonix weather station: +33 (0)8 92 68 02 74

🚰 Let someone know where you are going.
Avoid walking alone. **EMERGENCY NUMBER: 112**

👟 Take water and food, warm and waterproof clothing, suitable shoes and a map showing footpaths.

During the walk:

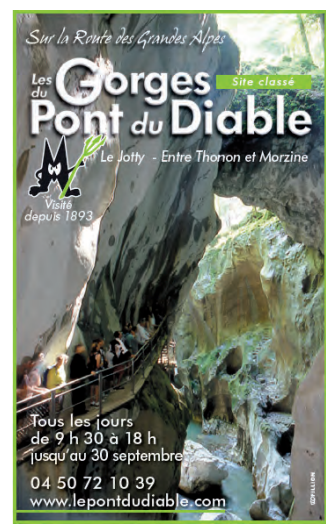
To ensure you enjoy your walk or ride to the full, in complete safety and with total peace of mind, please observe the following guidelines:

🐐 Please be mindful of the Alpine meadows and private property. Please remember to close gates behind you and try not to disturb cattle or wild animals!
🐕 Dogs should be kept on a lead.

🌿 Out of respect for the beautiful surroundings, please stay on marked routes and take your litter home with you.



For more walks or to contact the Vallée d'Aulps Tourist Office, telephone: + 33 (0)4 50 79 65 09
info@valleedaulps.com
www.valleedaulps.com



Mont-Brion tour



Difficulty level: hard



Duration: 4hrs (6hrs30 incl. detour)



Altitude change: 700 m (1230 m with detour)



Weather guide: in very fine weather only



Starting point: Mont d'Evian car park, in Saint Jean d'Aulps



Signposts: PDIPR approved



Map: IGN TOP 25, 3528 ET, Morzine

Walks in Vallée d'Aulps



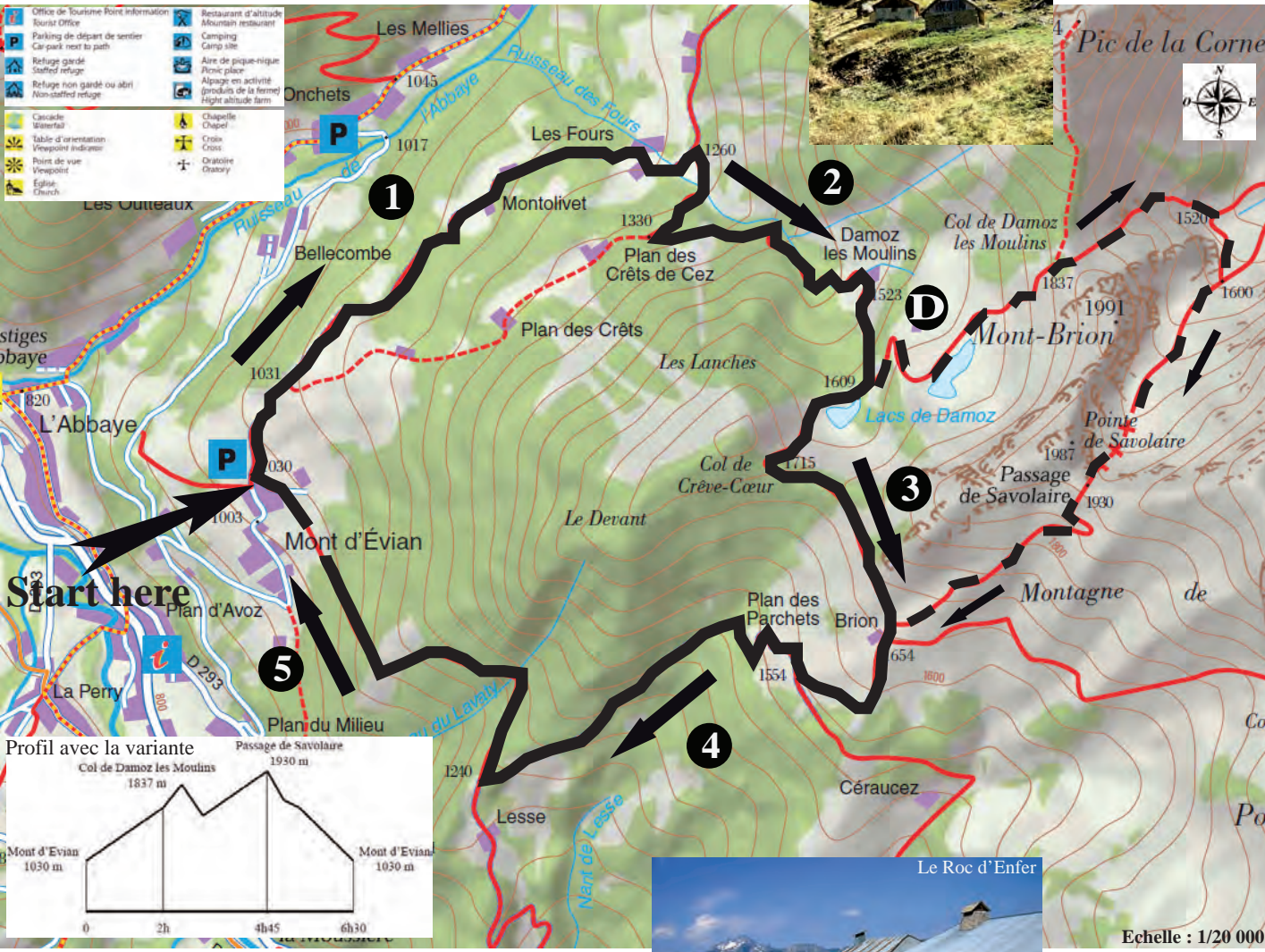


Mont-Brion tour

Directions ...



Starting point: Mont d'Évian car park



- 1 Follow the forest track towards Les Fours hamlet (1260 m).
- 2 About 200 m after the chalets at Les Fours, take the path to the right. A wide path leads to Damoz les Moulins. This path becomes narrower and after a few bends you should see the lower lake at Damoz les Moulins.
- 3 Walk along the right hand side of the lake, taking the path up to Col de Crève-Coeur (1715 m), then go down to the meadows at Brion.
- 4 Carry on downhill passing by Plan des Parchets (1554 m) then continue through the forest towards Lesse.
- 5 Just before the chalets at Lesse, take the track to the right to return to Mont d'Évian via a slightly steeper route.

Detour

From the lower lake at Damoz les Moulins:

- D** Take the track to the left up to the higher of the lake. The track then crosses the Damoz meadows as far as Col de Damoz les Moulins (1837 m) which separates Le Mont-Brion and Le Pic de la Corne further to the north. The circuit continues across scree and then through a coomb which leads to the Passage de Savolaire (1930 m). Head down to the Brion meadows (on the Vallée d'Aulps side) and pick up the regular circuit.

